Hearing

Sound is conducted in 3 ways in ear

i) Ossicular conduction- normal conversation

ii) Air conduction- through air in middle ear (if ossicular chain fails to conduct)

<u>iii) Bone conduction-</u>only on very loud sound or when vibrating tuning fork is placed on skull.

Why hearing sensation is important for life?

1) It is important for communication

2) To make us alert from danger (survival & protective value)

3) Speech development

Anatomy of ear- ear include

- i) External ear
- ii) Middle ear

iii) Internal ear(cochlea of vestibulocochlear apparatus)

Function of ear-

Ear helps in receiving, amplifying, transduction & transmission of sound waves



i) External ear-

- Made of Pinna & External auditory canal / meatus

<u>Pinna-</u>

- made of skin, cartilage and muscles (muscle vestigial in humans)

- Functions- <u>collects & reflects</u> the sound waves into the external auditory canal, help <u>localizing</u> the sounds

External auditory meatus or canal-

- it is 2.5 cm tortuous canal , which <u>conducts</u> the sound waves to the tympanic membrane (ear drum).

- Its tortuosity maintain optimum <u>temp.</u> & <u>humidity</u> for the function of ear drum as well as save it from mechanical <u>injuries</u>.

- It has hairs, sweat glands & ceruminous glands (which secrete protective ear wax)



ii) Middle ear-

- Air filled cavity, lateral wall by tympanic membrane(ear drum) & medial wall by oval window (above) & round window (below),

- 1 Opening of auditory tube or eustachian tube or pharyngotympanic tube which connect it to naso-pharynx.

<u>- 2 muscles-</u> Tensor tympani (supplied by V nerve)
& Stapedius (supplied by VII nerve)

- 3 ossicles- maleus, incus and stapes

Functions of middle ear-

1) transmit sound waves from external ear to internal ear (by ossicular & air conduction)

2) <u>Ossicles-</u> Amplify the sound (impedance matching)

<u>3) Muscles-</u> Protects internal ear from damage by loud sound (tympanic reflex)

4) Auditory tube helps equalize pressure between middle ear & external environment

5) Tensor tympani keep tympanic membrane tense for its optimum vibration.

- <u>Attenuation reflex or tympanic reflex (S.N.)</u>-Is a protective reflex against loud sound.

- It is reflex contraction of tensor tympani & stapedius (main) muscles together in response to loud sound.

- this makes the ossicular chain rigid & so it moves less & transmission of sound are decreased. **Significance-** i) Protection of organ of corti against loud sound

ii) Specially masks sound below 1000Hz, so <u>background noise is blocked</u> & we can concentrate on conversation sounds (above 1000Hz.)

iii) It reduces ones ability to hear <u>own sound</u> while speaking or chewing

Limitations- Reaction time is <u>40-160 msecs</u> so fails to protect from brief intense stimulation eg. <u>gun shot</u> sound.

Impedance matching (S.N.)-

 is required as <u>inertia of the fluid is more than air</u>, so sound energy is likely to lost while travelling from air to the perilymph of the internal ear

- Is achieved by <u>22 times increase</u> or amplification in the force or <u>pressure</u> on unit area of <u>oval</u> <u>window</u> in compare to <u>tympanic membrane</u>.

FUNCTIONS OF MIDDLE EAR: 1.IMPEDANCE MATCHING



- <u>17 times</u> increase in the force is due to relatively large <u>surface area</u> of tympanic membrane (55 mm2) compare to oval window (3.2 mm2).

 <u>1.3 times</u> increase in force per unit area is because ossicular chain <u>act like a lever system</u>, so total there is

- <u>17 X 1.3 = 22 times</u> increase & this results-

- <u>60 %</u> impedance matching for the sound b/t <u>300 to 3000 Hzs</u>. - What is the cause of ear pain during the attack of common cold & during flight?

- In common cold, pharyngeal end of auditory tube get <u>blocked due to congestion</u> and fail to open during swallowing. Eventually air in middle air get absorbed that results ear pain & hearing loss.

Because at high altitude, <u>air in middle ear</u>
<u>expands (due to low pressure)</u>. So repeated
swallowing should be encouraged (like inducing salivation by lemon candies) to open the A. Tube.

- Cochlea is a coiled bony tube, like <u>shell of a snail</u>, lying in the cavity of petrous part of the temporal bone.

- There is a central bony pillar called <u>modiolus</u> which has <u>internal auditory canal</u> containing auditory nerve.

- Bony canal of cochlea winds round the modiolus for <u>two and a half turns</u> tapering from base to the apex.

INNER EAR

Cochlea









- A bony ledge osseous <u>spiral lamina</u> projects into the bony canal of cochlea.

- It winds round the modiolus like the thread of a screw. From the tip of osseous spiral lamina,

- <u>basilar membrane</u> arises which extends to the wall of cochlea.

- Another thin membrane called <u>vestibular</u> (Reissner's) membrane arises from upper surface of modiolus and extends up

Structure of organ of Corti-

The main features of organ of Corti are the inner and outer rods of Corti forming a single row.

These are based on the basilar membrane. Their upper ends converge and join forming part of lamina reticularis

Receptor cells in the organ of Corti are inner and outer cells. Their bases lie on the basilar membrane and their upper ends are embedded in lamina reticularis.

Structure of organ of Corti-



Inner hair cells- 3500, 1 row, 12 micron dia., 95 % nerve fibers Outer hair cells- 12000, 3-4 rows, 8 micron, 5% nerve fibers

Sound-induced vibration









Source: Hohmann and Schmuckli 1989.

Inner hair cells form a single row on the inner side of inner rod of Corti.

Outer hair cells form 3 to 4 rows on the outer side of outer rod of Corti. Hair coming out from upper end are covered by tectorial membrane.

These cells are supplied by network of cochlear nerve endings. They lead to spiral ganglion present in modiolus. **Basilar membrane.**

Basilar membrane is a fibrous plate containing about 20,000 to 30,000 basilar fibres.

Each fibre projects from the tip of osseous spiral lamina to the wall of the cochlea.

These fibers are stiff, elastic, and hair-like and are not fixed at their distal ends. Distal ends are embedded in the loose basilar membrane. These fibres vibrate like reeds of harmonica. The length of basilar fibres increases progressively from base to apex of cochlea (from 0.04 to 0.5 mm).

Thus there is twelvefold increase in length. Diameter of the fibres decrease from base to the apex of cochlea.

Therefore, there are stiff short fibres at the base which can vibrate with high frequency and thin long fibres at the tip which vibrate with low frequency.



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 When hairs move towards longer stereocilia causes mechanical transduction that opens 200-300 ca ion conducting channels which cause depolarisation. so hair cell receptor potential is generated.voltage gated ca channels open so ca dependant exocytosis of glutamate occur



Source: Barrett KE, Barman SM, Boitano S, Brooks H: Ganong's Review of Medical Physiology,

23rd Edition: http://www.accersmedicne.com
- If hair cells depolarise by entry of K then opens voltage gated Ca channels so exocytosis of neurotransmitter(glutamate)
- If hyperpolarise then decrease glutamate
- Loud sound send more action potentials(frequency more) & also more no. of nerves stimulated

Electrophysiology of hearing

- Resting potential recorded are :- Endolymphatic potential or Endocochlear potential & Resting hair cell potential
- On stimulation recorded potentials are :- Cochlear microphonic potential & Action potential of 8th nerve





Electro-physiology of hearing



i) Endocochlear/endolymphatic Potent.

Is an electrical potential of about <u>+80 mv</u>. exists all the time <u>between endolymph & perilymph</u>, with positivity inside the scala media & negativity outside.

it is generated by continual secretion of <u>+ K ions</u> into the scala media by the <u>stria vascularis</u>.

ii) RMP of hair cells-

Lower bodies of hair cells have a - intracellular potential of <u>-70 mv</u> with respect to the perilymph but





but <u>-150 mv</u> with respect to the endolymph at their upper surfaces where the hairs project through the reticular lamina & into the endolymph. This -150 mv at stereocilia make hair cells extremely sensitive to slightest of sound. iii) Cochlear microphonics potential-

- local potential developed at tip of inner hair cell at RL on stimulation

- when mechanical energy converted to electrical, like pizo-electric potential

- Discovered by wever & bray in 1930's

 recorded by placing one electrode in scala media and one electrode in scala tympani (both side of BM) -Cause of development not very clear, may be due to vibration in basilar membrane & tension on the hairs of hair cells

-Leading to opening of K+ channels. Neurotransmitter is glutamate

Characteristics of cochlear microphonics-

 Resistant to ischemia or anesthesia
 Do not show any latency or refractory period
 Potentials recorded have the same form and polarity as that of the sound wave which is stimulating the ear.
 It proceed AP.

iv) Action potential in 8 cranial nerve-



Action potential in 8th nerve fibers



- Compound action potential is recorded.
- Activity of large number of cochlear afferent fibers.
- Baseline impulses (8-10/sec) are continuously send to CNS
- When hair cells depolarise this impulses increase in number & when hyperpolarise then impulses decrease

Mechanism of hearing-





Properties of Sound

- Sound is: a sensation produced by longitudinal vibrations of particles in any medium
 - A pressure disturbance (alternating areas of high and low pressure) originating from a vibrating object
 - Composed of areas of rarefaction and compression
 - Represented by a sine wave in wavelength, frequency, and amplitude(condensation as increase in pressure & rarefaction as decrease in pressure)

Properties of Sound

- Amplitude intensity of a sound measured in decibels (dB).pressure difference in tympanic membrane surface
- Loudness subjective interpretation of sound intensity
- Frequency and pitch:-no. of waves in 1 sec



- Audible frequency for humans:- 20Hz 20,000Hz
- Maximal sensitivity to pitch variations:-1000-3000 Hz(amplification of sound intensity by middle ear is greatest in this range)
- Higher the frequency ,pitch is high
- Lower frequency ,pitch low
- Louder sound has high amplitude

Basilar Membrane



Transmission of Sound to the Inner Ear

- The route of sound to the inner ear follows this pathway:
 - Outer ear :-pinna, external auditory canal, tympanic membrane
 - Middle ear malleus, incus, and stapes to the oval window
 - Inner ear scala vestibuli to the cochlear duct
 - Stimulation of the organ of Corti
 - Generation of impulses in the cochlear nerve



Transmission of Sound to the Inner Ear



<u>Intensity</u>	1. 2. 3.	By increasing - amplitude of vibration of basilar membrane Recruitment of number of hair cells Activation of nerve fibers + no. of APs/nerve fibres + stimulation Of outer hair cells.

Frequency Bekesy travelling wave theory / Duplex theory

<u>Place principle:-</u> High Freq.- maximum vibration of basilar membrane occurs at its base, for low frequency at its apex

<u>Volley's principle:-</u> 20- 200 Hz at the apex, freq. is synchronised with no. of APs / sec. of cochlea the number of action potentials in 8th nerve is same as frequency of sound.

Direction

Intensity lag principle- High frequency by lateral superior olivary nuclei

<u>Time lag principle-</u> Low frequency by medial superior olivary nuclei + Pinna help (for sound from front or behind)





Auditory Pathway







Characteristics of Auditory pathway

- 1. Six order neuron pathway
- 2. Bilaterally represented, although contra lateral is dominant.
- Cross over occurs three times: Trapezoid body Commissure at lateral leminiscus Commissure at inferior colliculi

Characteristics of Auditory pathway

- 4. Collaterals are sent to reticular activating system and cerebellum.
- 5. high degree spatial orientation is maintained for frequency discrimination.
- 6. Corticofugal fibres/ descending pathway: cortex to outer hair cells
- 7. Plasticity of auditory pathways: visually impaired or musicians

AUDITORY DEFECTS

Auditory defects are of two types:
1. Conduction deafness
2. Nerve deafness
3. Central deafness (damage to auditory cortex)

CONDUCTION DEAFNESS

 Conduction deafness is the type of deafness that occurs due to impairment in transmission of sound waves in the external ear or middle ear.

Causes for Conduction Deafness

- 1. Obstruction of external auditory meatus with dry wax or foreign bodies
- 2. Thickening of tympanic membrane due to repeated middle ear infection
- 3. Perforation of tympanic membrane due to inequality of pressure on either side

- 4. Otitis media (inflammation of middle ear)
- 5. Otosclerosis (fixation of footplate of stapes against oval window) due to ankylosis

NERVE DEAFNESS

 Nerve deafness is the deafness caused by damage of any structure in cochlea, such as hair cell, organ of Corti, basilar membrane or cochlear duct or the lesion in the auditory pathway.

Causes for Nerve Deafness

- 1. Degeneration of hair cells due to some antibiotics like streptomycin and gentamicin
- 2. Damage of cochlea by prolonged exposure to loud noise
- 3. Tumor affecting VIII cranial nerve

TESTS FOR HEARING

Whispering Test

- The examiner stands about 60 cm away from the subject at his side and whispers some words.
- If the subject is not able to hear the whisper, then hearing deficit is suspected.

Tickling of Watch Test

- Wrist watch with tickling sound is kept near the ear of the subject
- The subject suffering from hearing defects cannot hear the tickling sound of watch.
RINNE TEST

- Base of a vibrating tuning fork is placed on mastoid process, until the subject cannot feel the vibration and cannot hear the sound
- When the subject does not hear the sound any more, the tuning fork is held in air in front of the ear of same side
- Normal person hears vibration in air but in conduction deafness, the vibrations in air are not heard after cessation of bone conduction
- In conduction deafness, the bone conduction is better than air conduction

WEBER TEST

- Base of a vibrating tuning fork is placed on the vertex of skull or the middle of forehead.
- Normal person hears the sound equally on both sides
- In unilateral conduction deafness (deafness in one ear), the sound is heard louder in diseased ear
- In affected side, the sound is louder due to the absence of masking effect of environmental noise
- During unilateral nerve deafness, sound is heard louder in the normal ear.

AUDIOMETRY

- Audiometry is the technique used to determine the nature and the severity of auditory defect
- An instrument called **audiometer** is used
- This instrument is capable of generating sound waves of different frequencies from lowest to highest



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BRAIN EVOKED RESPONSE AUDIOMETRY (BERA)

Objective test to understand the transmission of electrical waves from the VIIIth <u>cranial nerve</u> to the brainstem, in response to click sounds given through the ear

- The waveforms of impulses are produced at the brainstem in response to the sound stimulus.
- These waveforms are recorded by the electrodes that are placed over the scalp at various places.
- The generated waveforms are amplified through various electrical procedures easy recording of waveforms.
- The peaks of the waveform are labelled as Wave I to Wave VII.
- The time interval between the waveform and the click stimulus is usually within 10 milliseconds.

- The waves I to VII are believed to arise from parts of the brainstem which are listed below:
- Cochlear nerves Wave I and Wave II
- Cochlear nucleus (Brainstem) Wave III
- Superior olivary complex Wave IV
- Lateral lemniscus Wave V
- Inferior colliculus (Midbrain) Waves VI and VII

