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MALARIA-2 :  
LABORATORY  
DIAGNOSIS

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# AIMS

- ✦ Diagnostic
  - ✦ Monitoring response to the treatment
  - ✦ Drug resistant malaria
  - ✦ To investigate Complications of malaria
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# METHODS

- MICROSCOPIC

- Light microscopy (ps examination)
- Fluorescent microscopy
- Quantitative Buffy coat (QBC)

- NON MICROSCOPIC

- Antigen detection (Rapid immunodiagnostic strip test)
- Antibody detection

- CULTURE

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# COLLECTION OF BLOOD

- ✓ Capillary blood - finger prick / heel prick / ear lobule
  - ✓ Venous blood - EDTA
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# Peripheral smear examination

1. Preparation

2. Staining

3. Observation

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# Peripheral Blood Smear

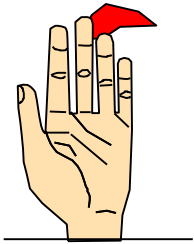
```
graph LR; A[Peripheral Blood Smear] --> B[Thick smear]; A --> C[Thin smear];
```

**Thick smear**

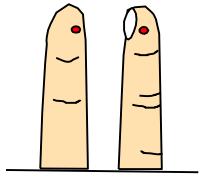
**Thin smear**

- Prepare smears as soon as possible after collecting venous blood to avoid
    - Changes in parasite morphology
    - Staining characteristics
  - Take care to avoid fixing the thick smear
    - Risk of fixing thick when thin is fixed with methanol if both smears on same slide
    - Let alcohol on finger dry to avoid fixing thick
-

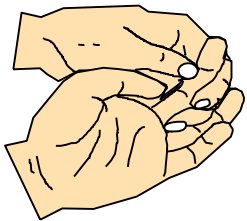
# Collection of Blood Smears



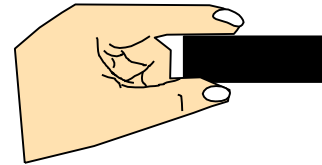
**1.**  
The second or third finger is usually selected and cleaned.



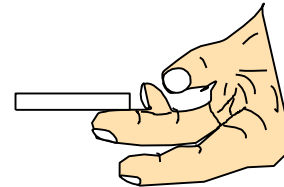
**2.**  
Puncture at the side of the ball of the finger.



**3.**  
Gently squeeze toward the puncture site.

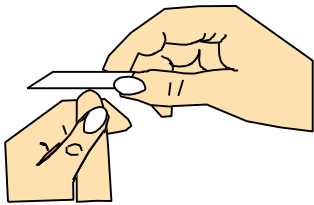


**4.**  
Slide must always be grasped by its edges.

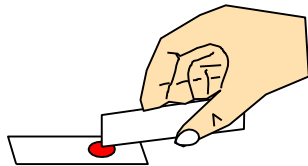


**5.**  
Touch the drop of blood to the slide from below.

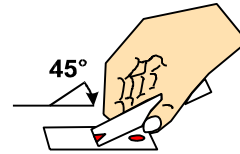
# Preparing thick and thin films



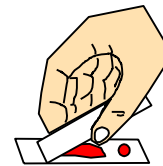
**1.** Touch one drop of blood to a clean slide.



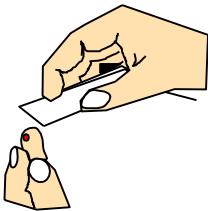
**2.** Spread the first drop to make a 1 cm circle.



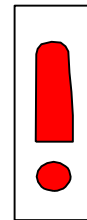
**4.** Carry the drop of blood to the first slide and hold at 45 degree angle.



**5.** Pull the drop of blood across the first slide in one motion.



**3.** Touch a fresh drop of blood to the edge of another slide.



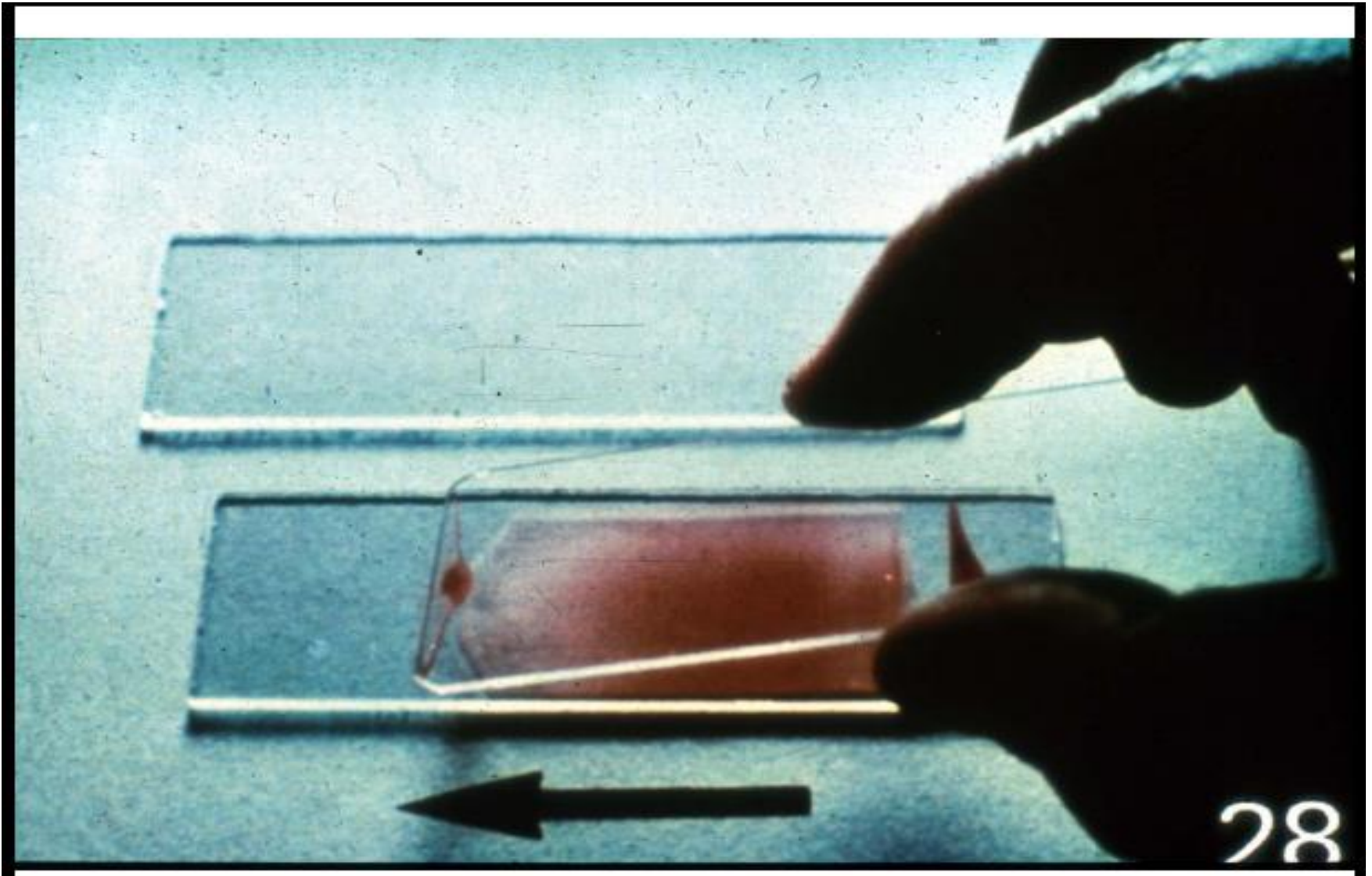
**6.** Wait for both to dry before fixing and staining.



# Thick Smear



# Thin smear



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# The Romanowsky stains

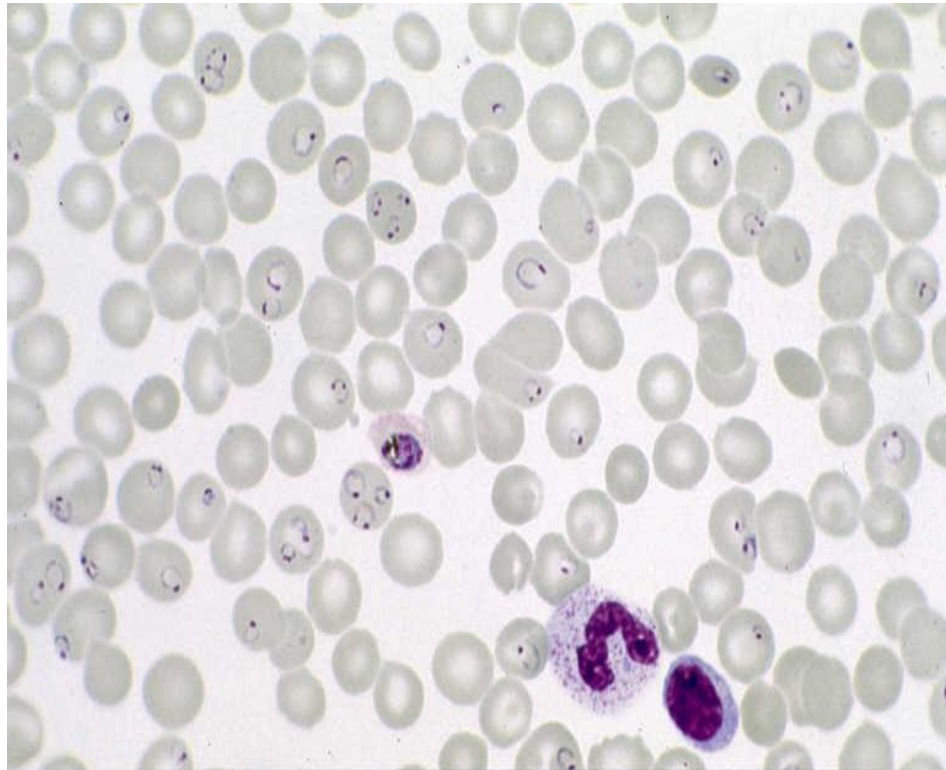
- Leishman's stain
  - Wright's stain
  - Giemsa stain
  - Field stain
  - JSB (Jaswant Sing & Bhattacharji) stain
-

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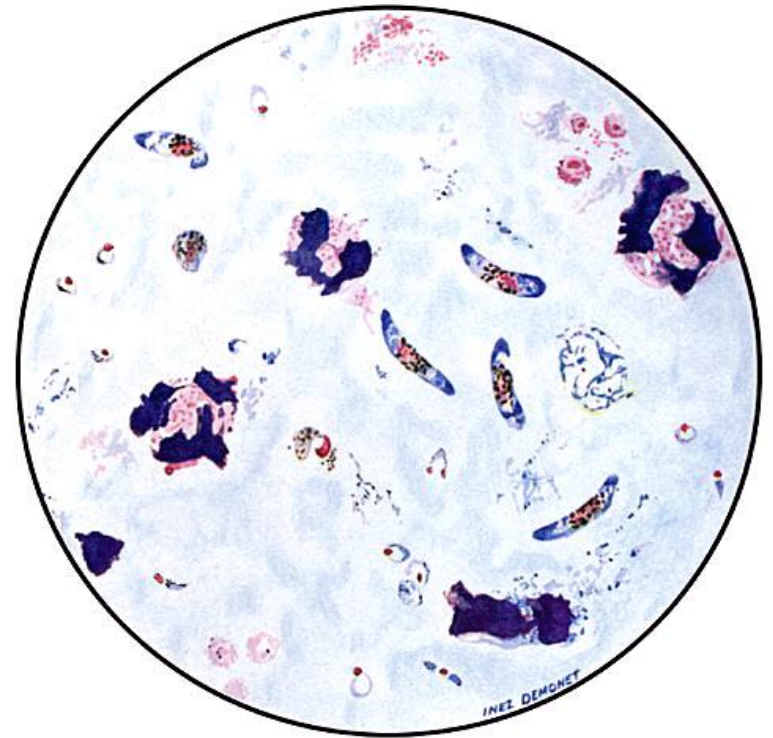
# OBSERVATION

- ✿ RBC – size, shape
    - number of parasite / RBC
  - ✿ Identification of species
    - Ring form – size, cytoplasm, nucleus,  
location, number
-

# Thin smear



# Thick smear



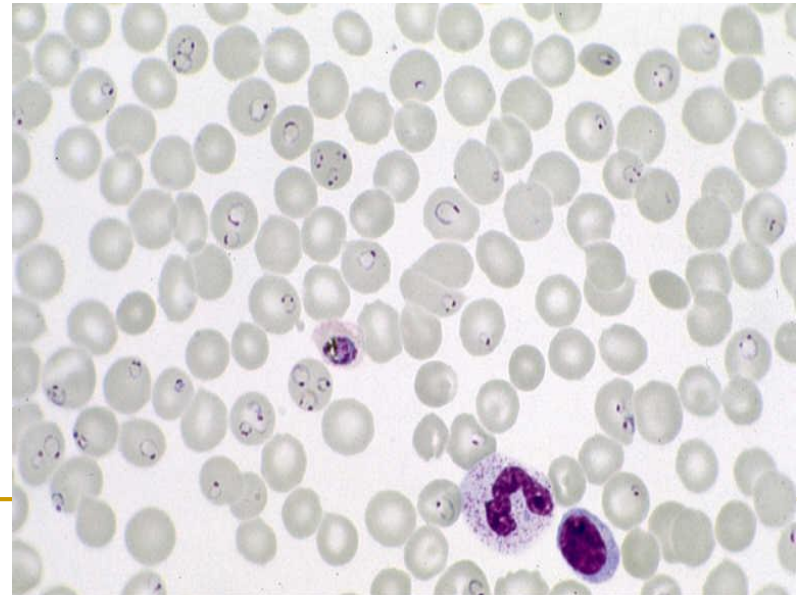
# Thin smear

## Advantages

- Species identification
- Intra RBC morphology of parasite can be seen
- RBC morphology
- Mixed infection
- % of parasitized RBC – can know response to the treatment

## Disadvantages

- Fixation of smear
- Low parasitaemia
- Less sensitive



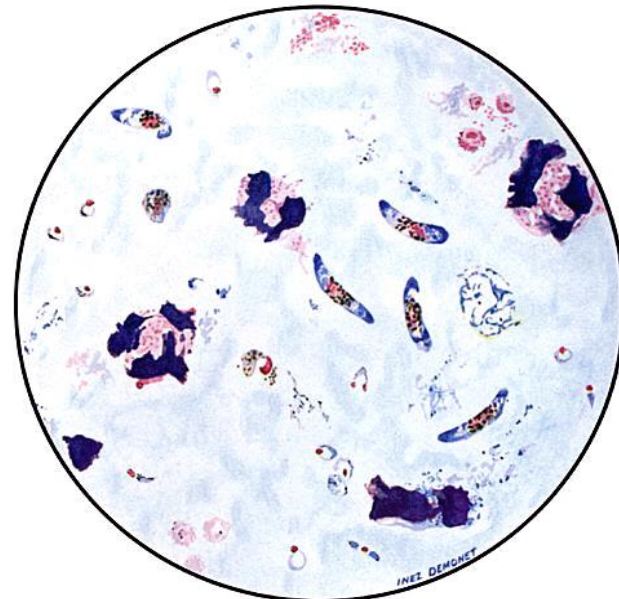
# Thick smear

## Advantages

- More sensitive
- Rapid detection of parasites
- No fixation of smear
- Low parasitaemia
- Larger volume of blood can be assessed as RBCs are lysed

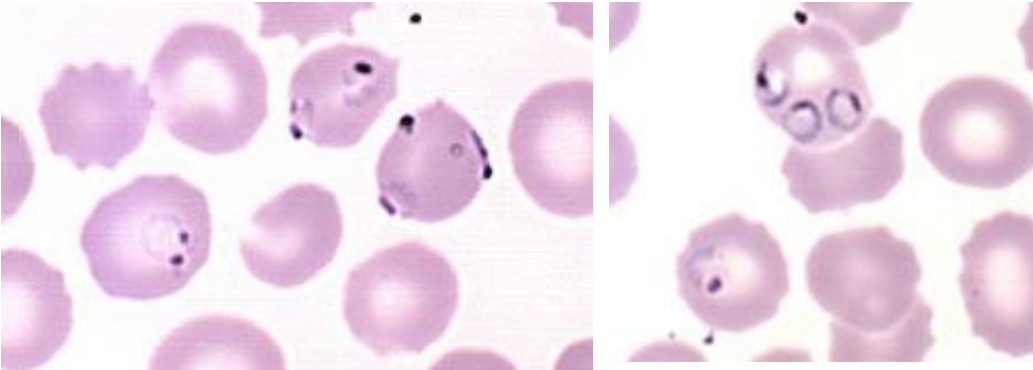
## Disadvantages

- Intra RBC morphology of parasite can not be seen
- Cannot confirm Plasmodium spp.



# *Plasmodium falciparum*

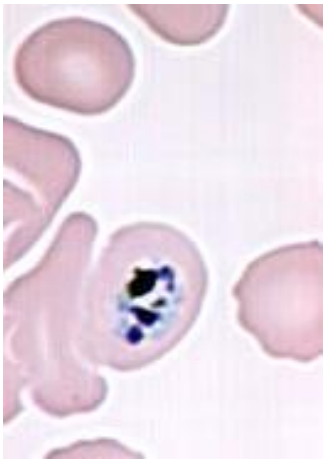
Infected erythrocytes: normal size



**Rings: double chromatin dots; appliqué forms; multiple infections in same red cell**



**Gametocytes: mature (M) and immature (I) forms (I is rarely seen in peripheral blood)**



**Trophozoites: compact (rarely seen in peripheral blood)**

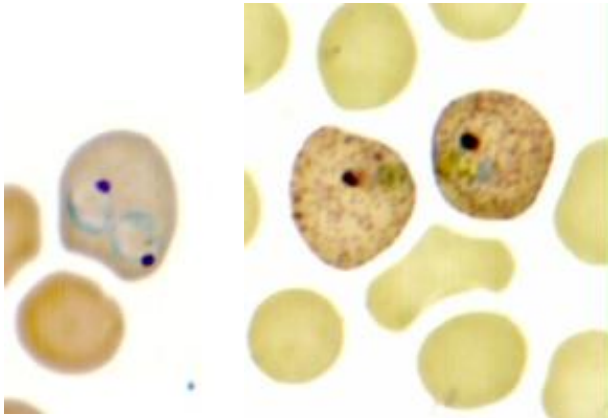
**Schizonts: 8-24 merozoites (rarely seen in peripheral blood)**



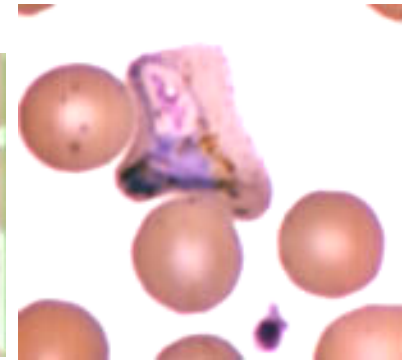
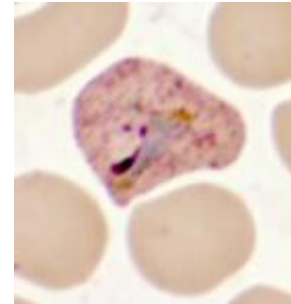
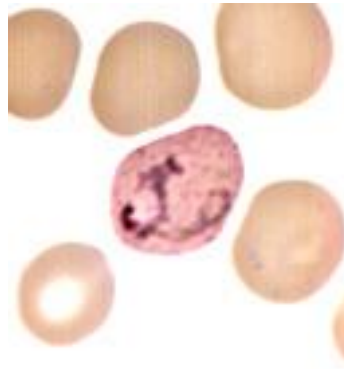


# *Plasmodium vivax*

Infected erythrocytes: enlarged up to 2X; deformed; (Schüffner's dots)

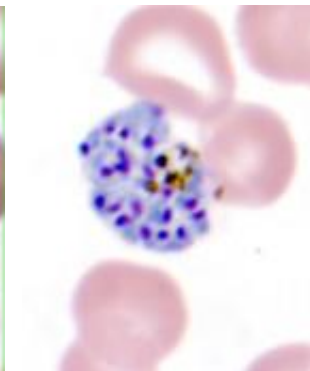
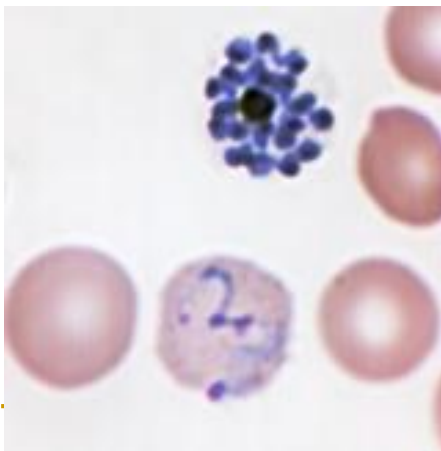


Rings

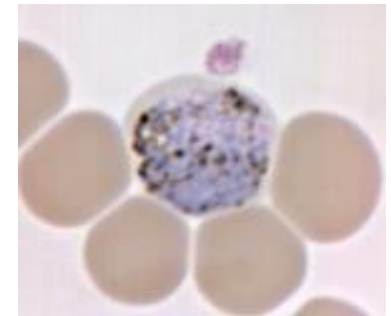
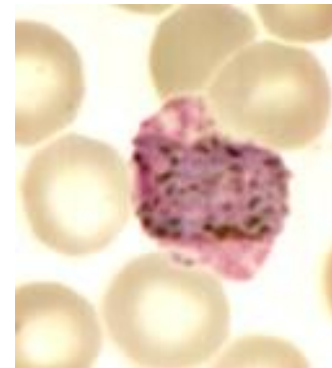


Trophozoites: ameboid; deforms the erythrocyte

Schizonts: 12-24 merozoites



Gametocytes: round-oval



# Species Differentiation on Thin Films

<u>Feature</u>	<u><i>P. falciparum</i></u>	<u><i>P. vivax</i></u>	<u><i>P. ovale</i></u>	<u><i>P. malariae</i></u>
Enlarged infected RBC		+	+	
Infected RBC shape	round	round, distorted	oval, fimbriated	round
Stippling infected RBC	Mauer clefts	Schuffner spots	Schuffner spots	none
Trophozoite shape	small ring, appliqué☺	large ring, amoeboid	large ring, compact	small ring, compact
Chromatin dot	often double	single	large	single
Mature schizont	rare, 12-30 merozoites	12-24 merozoites	4-12 merozoites	6-12 merozoites
<u>Gametocyte</u>	crescent shape	large, round	large, round	compact, round

# Species Differentiation on Thick Films

<u>Feature</u>	<u><i>P. falciparum</i></u>	<u><i>P. vivax</i></u>	<u><i>P. ovale</i></u>	<u><i>P. malariae</i></u>
Uniform trophozoites	+			
Fragmented trophozoites		++	+	
Compact trophozoites			+	+
Pigmented trophozoites				+
Irregular cytoplasm		+	+	
Stippling (“RBC ghosts”)		+	+	
Schizonts visible	very rarely	often	often	often
Gametocytes visible	occasionally	usually	usually	usually

# Fluorescent Microscopy

- Modification of light microscopy
- Fluorescent dyes detect RNA and DNA that is contained in parasites
- Nucleic material not normally in mature RBCs
- Kawamoto technique
  - Stain thin film with acridine orange (AO)
  - Requires special equipment – fluorescent microscope
  - Staining itself is cheap
  - Sensitivities around 90%

# Quantitative Buffy Coat (QBC)

- Fluorescent microscopy after centrifugation
- AO-coated capillary is filled with 50-100  $\mu$ l blood
- Parasites concentrate below the granulocyte layer in tube
- May be slightly more sensitive than light microscopy but some reports of 55-84%

# Quantitative Buffy Coat (QBC)

- Useful for screening large numbers of samples
- Quick, saves time
- Requires centrifuge, special stains
- 3 main disadvantages
  - Species identification and quantification difficult
  - High cost of capillaries and equipment
  - Can't store capillaries for later reference

# Malaria Serology – antibody detection

- Immunologic assays to detect host response
- Antibodies to asexual parasites appear some days after invasion of RBCs and may persist for months
- Positive test indicates past infection
- Not useful for treatment decisions

# Malaria Serology – antibody detection

- Valuable epidemiologic tool in some settings
- Useful for
  - Identifying infective donor in transfusion-transmitted malaria
  - Investigating congenital malaria, esp. if mom's smear is negative
  - Diagnosing, or ruling out, tropical splenomegaly syndrome
  - Retrospective confirmation of empirically-treated non-immunes



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# Rapid immunodiagnostic strip test

## 1. Histidine rich protein-2 (HRP-2) detection

Immunochematographic test

➡ Para sight F test

➡ ICT Malaria PF

## 2. pLDH test (OptiMAL test)

- reflects presence of viable malarial parasites

- to monitor response to drug

- to detect drug resistant malaria

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# Detection of *Plasmodium* antigens



**A: HRP-2 (histidine-rich protein 2) (ICT)**

**B: pLDH (parasite lactate dehydrogenase)(Flow)**

**C: HRP-2 (histidine-rich protein 2) (PATH)**

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**PREVENTION & CONTROL  
of  
MALARIA**

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# Points Of Attack

1. Attack the parasite in the human host
  2. Reduce contact between humans and mosquitoes
  3. Decrease mosquito population
-

# Attack The Parasite In The Human Host

- **Treat malaria infections with effective medications**
- **Use prophylactic drugs to prevent illness and/or infection**



# Reduce Contact Between Humans And Mosquitoes

- **Personal protective measures**
  - Proper wearing of uniform
  - **PERMETHRIN**
  - **Bed nets**
  - **Mosquito repellent coils**
  - **Neem oil**



# Decrease Mosquito Population

- Surveillance of mosquito populations
- Identify and eliminate breeding sites
- Proper insecticide application
  - Attack larval stages
  - Attack adult mosquito
- Biological control
  - Gambusia & Guppy fish
  - Bacillus thuringiensis



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# VACCINES

- Anti-Sporozoite vaccine
  - Anti-asexual blood stage vaccines
    - to reduce severe & complicated manifestations of the disease
    - MSP, PfHRP2, Erythrocyte membrane Ag
  - Transmission blocking vaccines
    - to arrest the development of the parasite in the mosquito
-



# Summary

- Mosquito-borne infectious disease
- Tropics, subtropics
- *P. falciparum*, *Vivax*, *ovale*, *malariae*
- Incubation period nearly two weeks
- Cyclic paroxysms
- Fever
- Thick and thin blood smears for diagnosis

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# Summary

- **Drug resistance is increasing**
  - **Chemoprophylaxis can prevent infection**
  - **Great importance of personal protective measures**
  - **Regard and manage malaria as medical emergency**
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Questions?

