Intestinal nematodes

Trichuris trichuria Enterobius vermicularis Strongyloides stercoralis

Common features

- Present in intestine :
 - T.trichuria –
 - E.vermicularis –
 - S.stercoralis -

caecum & appendix caecum & ascending colon jejunum

- Developmental cycle involves single host only
- No intermediate host required
- Differ in nature of egg laying
 - T.trichuria –

egg containing unsegmented ovum which develop in soil

E.vermicularis –

egg containing larvae which hatches out larvae in faeces

- S.stercoralis –

Trichuris trichuria

Common name : whip worm

Epidemiology

- Worm was discovered by Linnaeus 1771
- Morphology of worm resembles whip
- Lives in large intestine of man
 - caecum & appendix
- Distributed world wide
 - mainly seen in tropical & subtropical countries

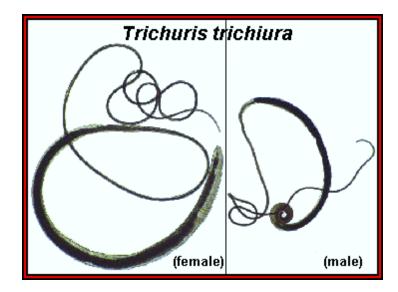
Morphology

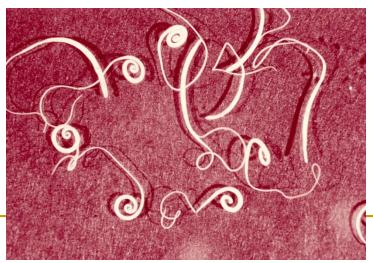
- Anterior 3/5th is thin & hair like
- Posterior 2/5th is thick resembling handle of a whip
- Anterior lies embedded in mucosa, contains capillary esophagus
- Posterior intestine & reproductive organs, hangs free in lumen



Morphology

- White, semitransparent cylindrical
- Male :
 - Smaller than female
 - 3 to 4 cm L
 - Posterior end is coiled ventrally & sharp
- Female :
 - 4 to 5 cm L
 - Posterior end is straight, blunt & rounded
- Life span : up to 10 years

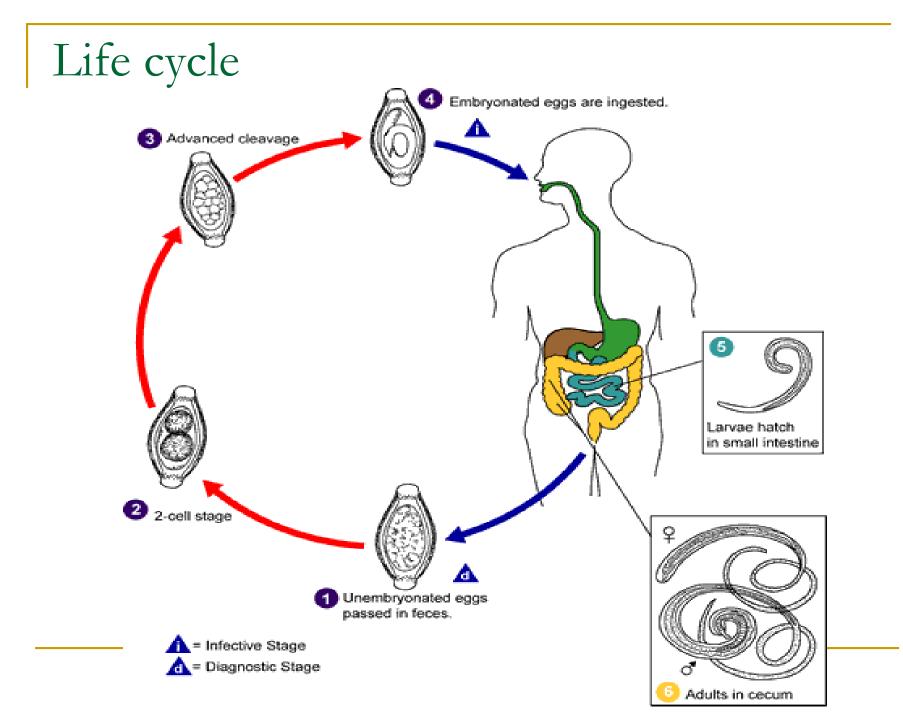






- Yellowish brown (Bile stained)
- Double shell
- 50 μ × 25 μ
- Barrel shaped with projecting mucus at both poles
- Contains central granular mass (unsegmented ovum)
- Floats in saturated salt solution





Life cycle

- Adult worm living in large intestine produce eggs
- Each female lays 2000 5000 eggs / day
- Freshly passed eggs non-infective
- Eggs develop in warm, moist soil
- Produce rhabditiform larva in 3 4 weeks
- Eggs containing larva are infective
- Mode of infection : ingestion
- After ingestion eggs hatch larvae in small intestine
- After about week, larvae migrate to large intestine where they develop into adult worms

Clinical syndromes

- Most infections are *light* & asymptomatic
- Heavy infection abdominal pain, distension, bloody diarrhea & loss of weight
- Appendicitis may occur if lumen is blocked by worm
- Prolapse of rectum has occurred in children due to irritation and straining at defecation

Laboratory diagnosis

Stool examination

- Direct wet mount examination
- Examination after concentration technique

Enterobius vermicularis

Common name : pin worm or thread worm or seat worm

Epidemiology

- Cosmopolitan more prevalent in temperate countries
- > 1 billion people are infected world wide
- Incidence is high in children of 5 to 6 years, Adults are less affected
- The life cycle was worked out by Leuckart in 1865

Habitat

- Adult worm –remain attached to mucosa of caecum & appendix
- Sometimes may be found in ascending colon and ileum

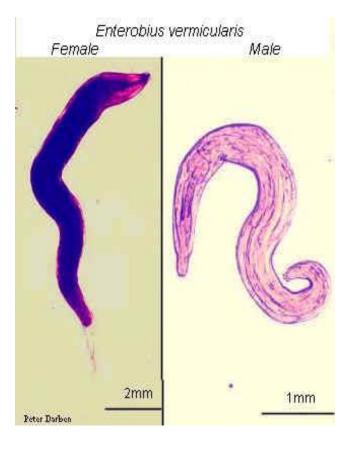
Morphology

- Small, white & cylindrical worm resembles thread
- Pointed at either end
- No buccal capsule
- 3 lips around mouth present



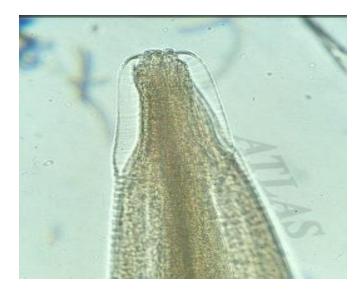
Morphology

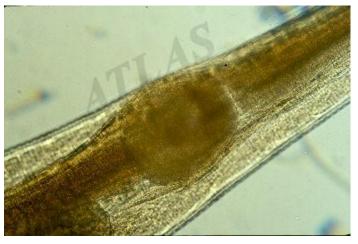
- Male :
 - 2-5 mm × 0.1-0.2 mm
 - Posteriorly tightly curved & carries copulatory bursa
 - Dies after fertilization
- Female :
 - 8-12 mm × 0.3-0.5 mm
 - Posteriorly straight & drawn into a long tapering thin pointed pin like tail
 - Vulva is situated midventrally
 - Life span : short up to 6 months



Characteristics of worm

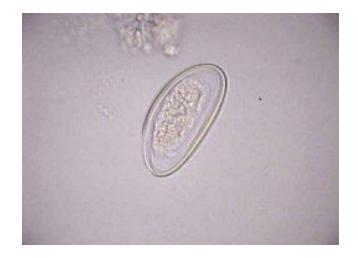
- Mouth surrounded by cuticular expansion – cervical alae
- Double bulb esophagus as a result of expansion of posterior end

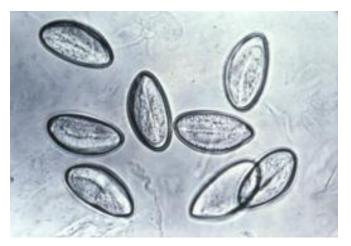


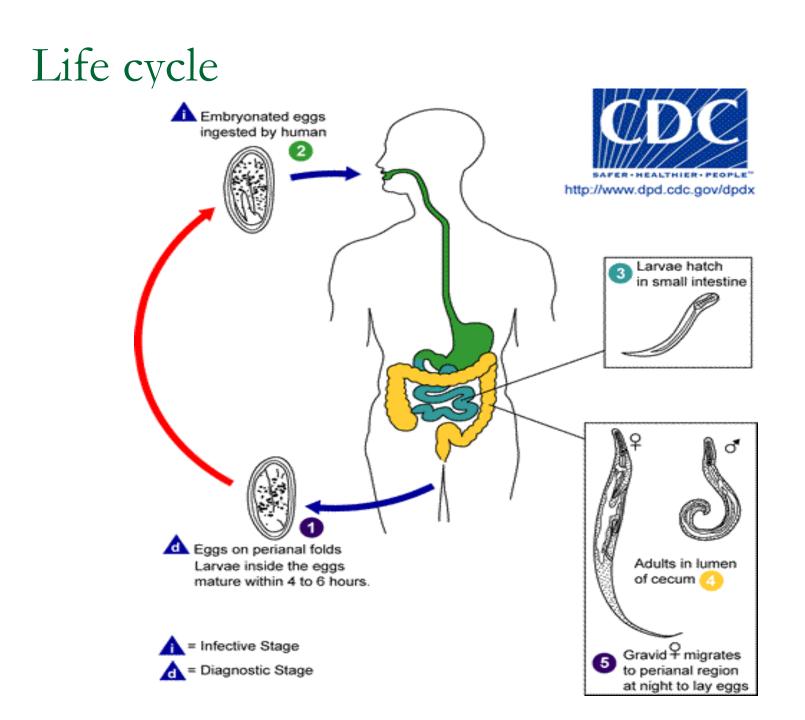




- Colorless (Not bile stained) with a clear shell (double shell)
- Shape : Plano convex
- Size : 55 μ × 30 μ
- Contains a coiled tadpole like larva
- Floats in saturated salt solution







Autoinfection

- Eggs deposited in perianal & perineal area causes intense itching,
- Leading to scraping of area by fingers -
- Fingers contaminated with eggs(nail bed)
- Lack of hygiene leading to autoinfection

Retrograde infection

 Sometimes, eggs deposited on perianal area hatches out larvae, which enters body through anus reaching to large intestine causing retrograde infection

Clinical syndrome

About 1/3rd of infections are – Asymptomatic

- Pruritus ani in children
- Worm is also found in appendix causing appendicitis in few cases
- Worm may migrate to ectopic sites like female genital tract causing vaginitis

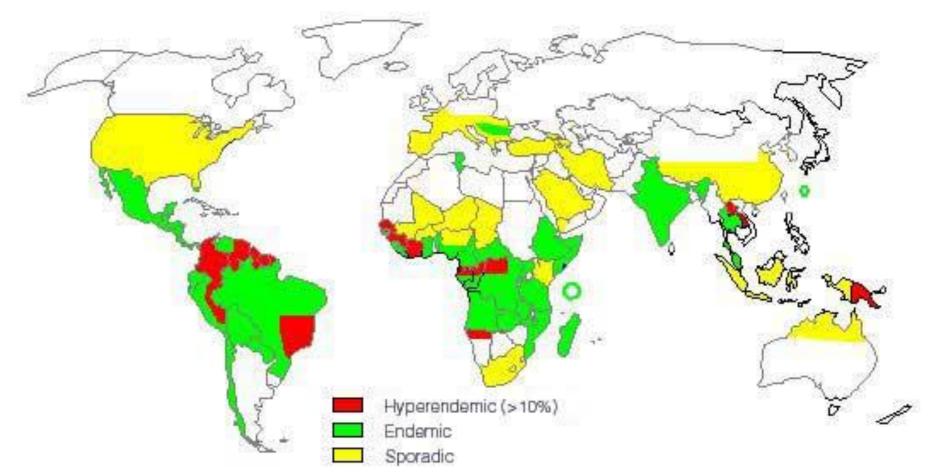
Laboratory diagnosis

- As eggs are rarely found in faeces, stool examination has got limited role
 - Only in heavy infection eggs will be present
 Adult female worms may be found in faeces
- Collection of sample from perianal area :
 Cellophane tape test
 NIH Swab

Strongyloides stercoralis

Geographical distribution

- Prevalent in tropical and subtropical areas
- More than 5 crore people are affected world wide
- Also prevalent in India



Morphology

- 2 forms are seen : Adult & Larval
- Adult :
 - Existence of adult male doubtful
 - Not isolated from stool specimen
 - Main role is to fertilize female
 - Dies after fertilizating female
 - Females parthenogenetic
 - Minute females live within mucosal epithelium

Adult female

- Size : 2.5 mm L × 0.05 mm B
- Alimentary canal
 - Mouth has got 3 lips
 - Cylindrical esophagus in anterior 1/3rd of body
 - Intestine posterior 2/3rd of body
 - Posterior end is pointed
 - Anus opens midventrally
- Urogenital system
 - Vulva at junction of middle & posterior thirds of body
 - Eggs are arranged anteroposteriorly in uterus
 - Worms is ovo-viviparous





- Present in body
- **55 μ × 30 μ**
- Transparent & oval
- Have a thin egg shell
- Contain larva ready to hatch

Larvae

Rhabditiform larva :

- □ 200-250 μ × 16 μ
- Possess a short mouth & double bulb esophagus
- May metamorphose within lumen to filariform larva & cause autoinfection
- When voided in faeces, undergo development in soil



Filariform larva :

- Longer & slender than rhabditiform larva
- □ 500-600 μ × 20 μ
- Possess short mouth & cylindrical esophagus
- Infective form
- Enters body by penetrating skin

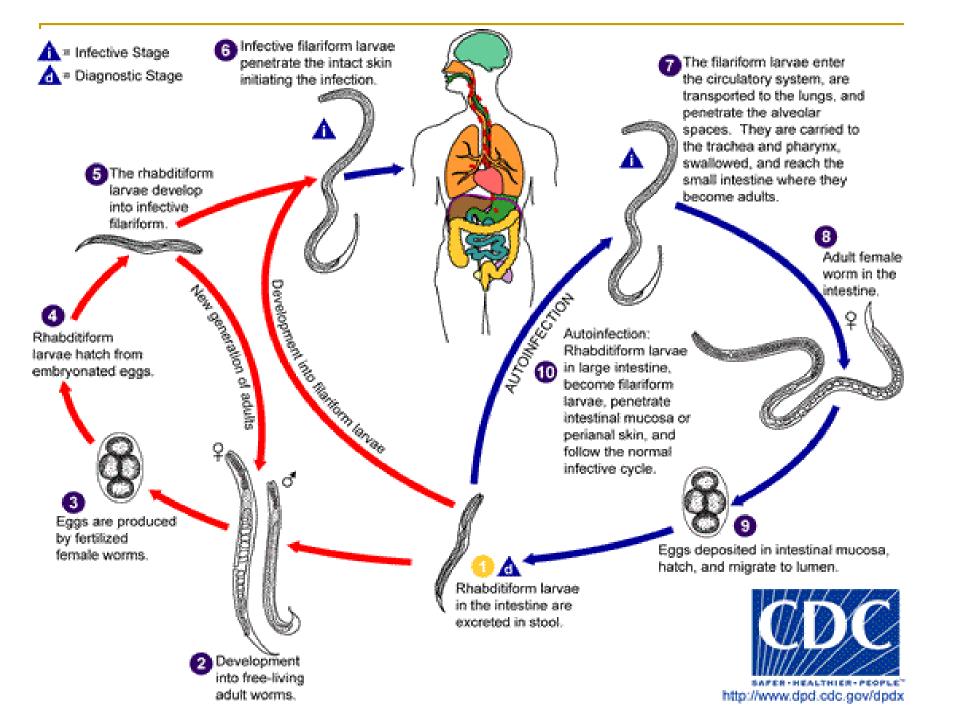


Life cycle

- Adult female residing in mucosa of small intestine produce eggs
- Eggs immediately hatch out in lumen to rhabditiform larva
- Rhabditiform larva passed in stool, transform into filariform larva
- Filariform larva is infective form enters body by penetration of skin

Indirect development :

- Rhabditiform larva in soil develop into free living forms – male & female
- After mating, female produce eggs which hatch to release next generation first stage rhabditiform larvae in soil
- Either continue life cycle in similar manner or some of larva develop into filariform larva



Clinical syndrome

- In immunocomepetent persons :
 - Ground itch : at penetration site larvae may cause intense itching leading to dermatitis
 - Larva migrans or currens
 - Pneumonitis

Larva currens

Causative agent : filariform larva of S.stercoralis

- With repeated infection, patient develop immune response that will prevent larvae from completing life cycle
- Larva may be limited to skin migration causing larva migrans or larva currens
- Rapidly progressing linear or serpiginous urticarial rashes
- Movement of larva is very fast – 10 cm / hour



Immunocompromised person

- The condition is called as "Hyper infection syndrome"
- Rapid multiplication of parasite within intestine with subsequent invasion of intestinal wall
- Disseminated form of strongyloidiasis with larvae of all stages in all organs of body – lungs, CNS, heart & liver
- Life threatening condition if untreated it is fatal

Laboratory diagnosis

Direct evidence :

- Microscopy
 - Direct wet mount of stool
 - Duodenal aspiration
 - Concentration method of stool
 - Formol-ether technique
- Indirect evidence :
 - Serological test
 - ELISA, Immunoblot for antibody detection

Blood examination - Eosinophilia

