## Intestinal nematodes

Trichuris trichuria Enterobius vermicularis Strongyloides stercoralis

#### Common features

- Present in intestine :
  - T.trichuria –
  - E.vermicularis –
  - S.stercoralis -

caecum & appendix caecum & ascending colon jejunum

- Developmental cycle involves single host only
- No intermediate host required
- Differ in nature of egg laying
  - T.trichuria –

egg containing unsegmented ovum which develop in soil

E.vermicularis –

egg containing larvae which hatches out larvae in faeces

- S.stercoralis –

# Trichuris trichuria

Common name : whip worm

## Epidemiology

- Worm was discovered by Linnaeus 1771
- Morphology of worm resembles whip
- Lives in large intestine of man
  - caecum & appendix
- Distributed world wide
  - mainly seen in tropical & subtropical countries

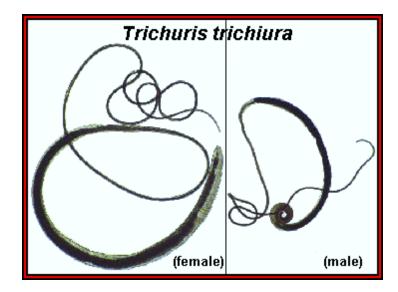
## Morphology

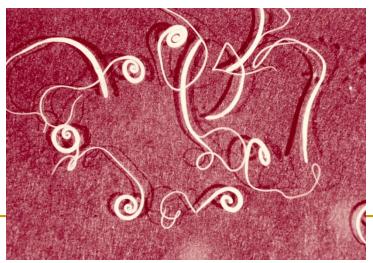
- Anterior 3/5<sup>th</sup> is thin & hair like
- Posterior 2/5<sup>th</sup> is thick resembling handle of a whip
- Anterior lies embedded in mucosa, contains capillary esophagus
- Posterior intestine & reproductive organs, hangs free in lumen



# Morphology

- White, semitransparent cylindrical
- Male :
  - Smaller than female
  - 3 to 4 cm L
  - Posterior end is coiled ventrally & sharp
- Female :
  - 4 to 5 cm L
  - Posterior end is straight, blunt & rounded
- Life span : up to 10 years

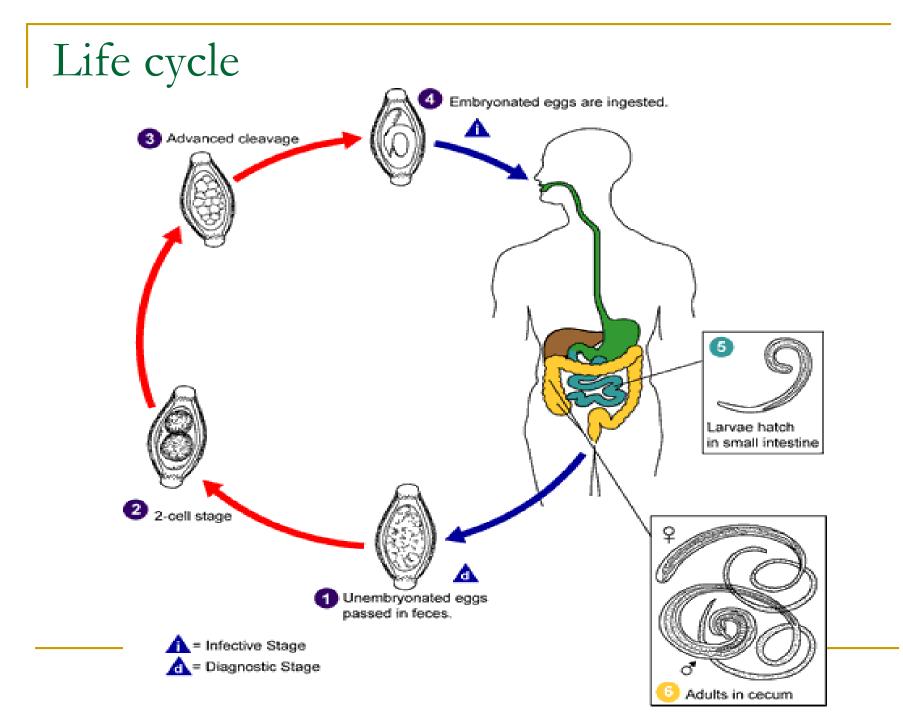






- Yellowish brown (Bile stained)
- Double shell
- 50 μ × 25 μ
- Barrel shaped with projecting mucus at both poles
- Contains central granular mass (unsegmented ovum)
- Floats in saturated salt solution





#### Life cycle

- Adult worm living in large intestine produce eggs
- Each female lays 2000 5000 eggs / day
- Freshly passed eggs non-infective
- Eggs develop in warm, moist soil
- Produce rhabditiform larva in 3 4 weeks
- Eggs containing larva are infective
- Mode of infection : ingestion
- After ingestion eggs hatch larvae in small intestine
- After about week, larvae migrate to large intestine where they develop into adult worms

## Clinical syndromes

- Most infections are *light* & asymptomatic
- Heavy infection abdominal pain, distension, bloody diarrhea & loss of weight
- Appendicitis may occur if lumen is blocked by worm
- Prolapse of rectum has occurred in children due to irritation and straining at defecation

## Laboratory diagnosis

#### Stool examination

- Direct wet mount examination
- Examination after concentration technique

## Enterobius vermicularis

Common name : pin worm or thread worm or seat worm

## Epidemiology

- Cosmopolitan more prevalent in temperate countries
- > 1 billion people are infected world wide
- Incidence is high in children of 5 to 6 years, Adults are less affected
- The life cycle was worked out by Leuckart in 1865

#### Habitat

- Adult worm –remain attached to mucosa of caecum & appendix
- Sometimes may be found in ascending colon and ileum

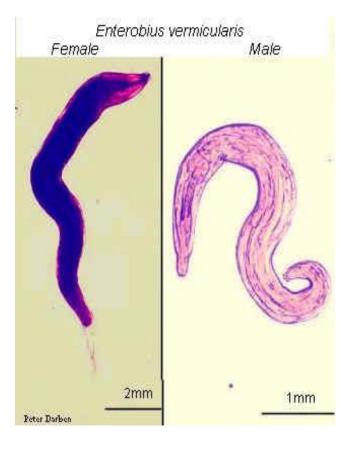
# Morphology

- Small, white & cylindrical worm resembles thread
- Pointed at either end
- No buccal capsule
- 3 lips around mouth present



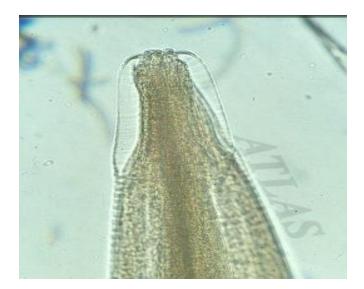
# Morphology

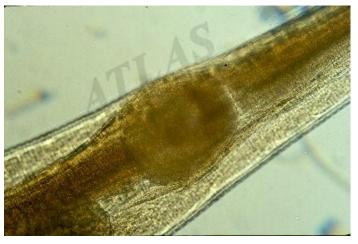
- Male :
  - 2-5 mm × 0.1-0.2 mm
  - Posteriorly tightly curved & carries copulatory bursa
  - Dies after fertilization
- Female :
  - 8-12 mm × 0.3-0.5 mm
  - Posteriorly straight & drawn into a long tapering thin pointed pin like tail
  - Vulva is situated midventrally
  - Life span : short up to 6 months



#### Characteristics of worm

- Mouth surrounded by cuticular expansion – cervical alae
- Double bulb esophagus as a result of expansion of posterior end

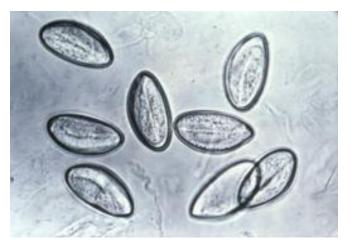


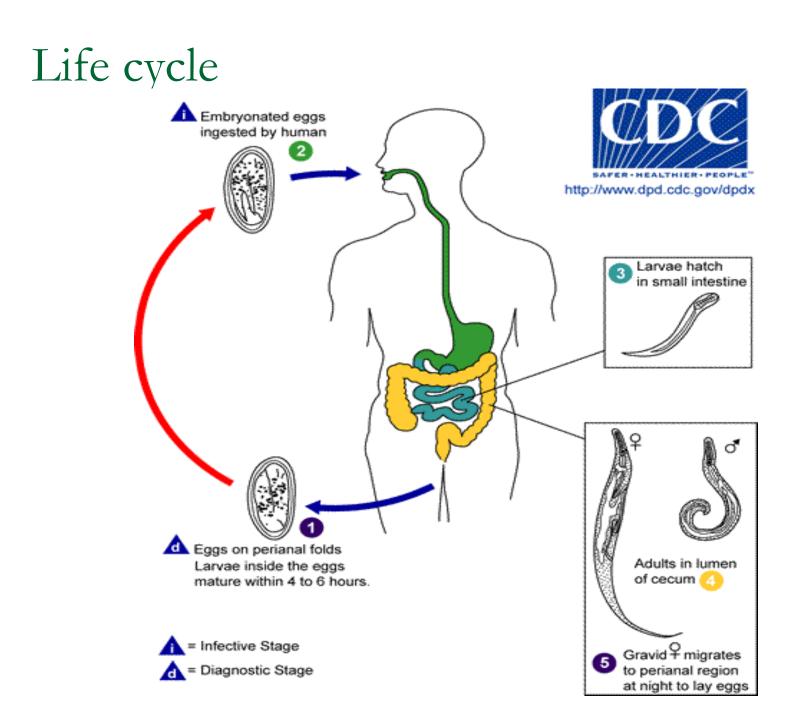




- Colorless (Not bile stained) with a clear shell (double shell)
- Shape : Plano convex
- Size : 55 μ × 30 μ
- Contains a coiled tadpole like larva
- Floats in saturated salt solution







## Autoinfection

- Eggs deposited in perianal & perineal area causes intense itching,
- Leading to scraping of area by fingers -
- Fingers contaminated with eggs( nail bed )
- Lack of hygiene leading to autoinfection

#### Retrograde infection

 Sometimes, eggs deposited on perianal area hatches out larvae, which enters body through anus reaching to large intestine causing retrograde infection

## Clinical syndrome

About 1/3<sup>rd</sup> of infections are – Asymptomatic

- Pruritus ani in children
- Worm is also found in appendix causing appendicitis in few cases
- Worm may migrate to ectopic sites like female genital tract causing vaginitis

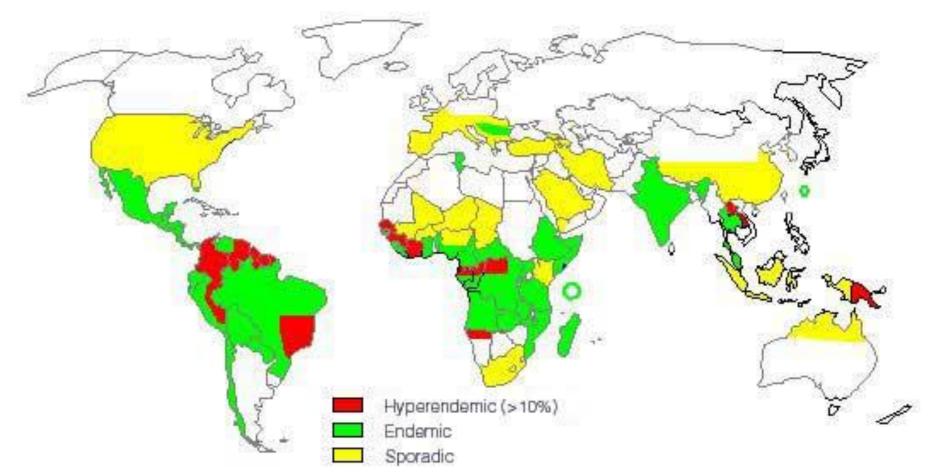
## Laboratory diagnosis

- As eggs are rarely found in faeces, stool examination has got limited role
  - Only in heavy infection eggs will be present
    Adult female worms may be found in faeces
- Collection of sample from perianal area :
  Cellophane tape test
  NIH Swab

# Strongyloides stercoralis

#### Geographical distribution

- Prevalent in tropical and subtropical areas
- More than 5 crore people are affected world wide
- Also prevalent in India



## Morphology

- 2 forms are seen : Adult & Larval
- Adult :
  - Existence of adult male doubtful
  - Not isolated from stool specimen
  - Main role is to fertilize female
  - Dies after fertilizating female
  - Females parthenogenetic
  - Minute females live within mucosal epithelium

## Adult female

- Size : 2.5 mm L × 0.05 mm B
- Alimentary canal
  - Mouth has got 3 lips
  - Cylindrical esophagus in anterior 1/3<sup>rd</sup> of body
  - Intestine posterior 2/3<sup>rd</sup> of body
  - Posterior end is pointed
  - Anus opens midventrally
- Urogenital system
  - Vulva at junction of middle & posterior thirds of body
  - Eggs are arranged anteroposteriorly in uterus
  - Worms is ovo-viviparous





- Present in body
- **55 μ × 30 μ**
- Transparent & oval
- Have a thin egg shell
- Contain larva ready to hatch

#### Larvae

#### Rhabditiform larva :

- □ 200-250 μ × 16 μ
- Possess a short mouth & double bulb esophagus
- May metamorphose within lumen to filariform larva & cause autoinfection
- When voided in faeces, undergo development in soil



#### Filariform larva :

- Longer & slender than rhabditiform larva
- □ 500-600 μ × 20 μ
- Possess short mouth & cylindrical esophagus
- Infective form
- Enters body by penetrating skin

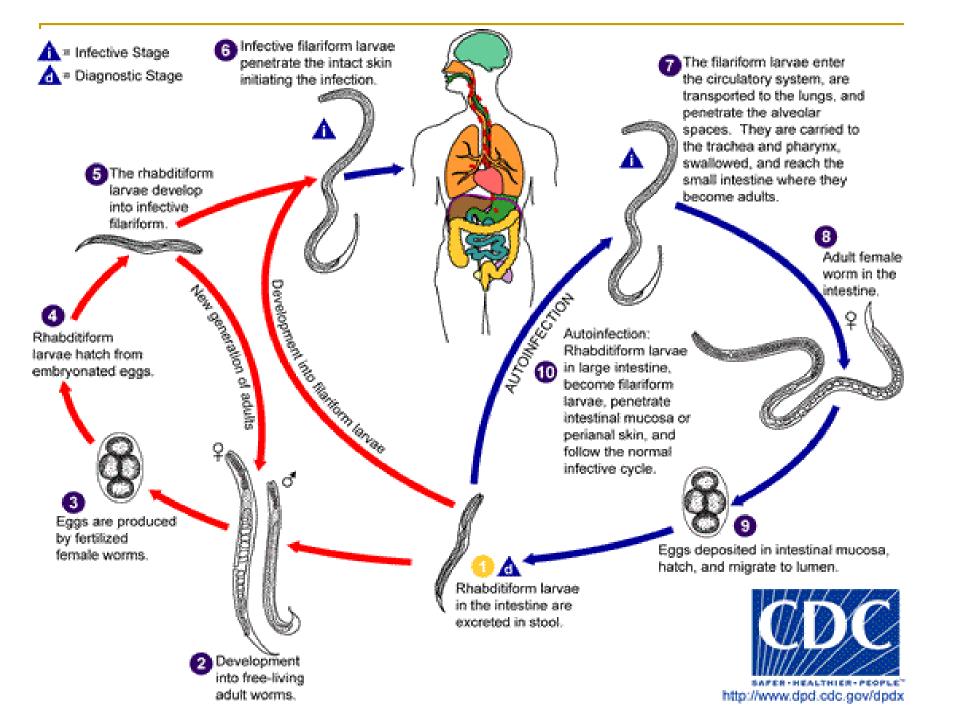


## Life cycle

- Adult female residing in mucosa of small intestine produce eggs
- Eggs immediately hatch out in lumen to rhabditiform larva
- Rhabditiform larva passed in stool, transform into filariform larva
- Filariform larva is infective form enters body by penetration of skin

Indirect development :

- Rhabditiform larva in soil develop into free living forms – male & female
- After mating, female produce eggs which hatch to release next generation first stage rhabditiform larvae in soil
- Either continue life cycle in similar manner or some of larva develop into filariform larva



## Clinical syndrome

- In immunocomepetent persons :
  - Ground itch : at penetration site larvae may cause intense itching leading to dermatitis
  - Larva migrans or currens
  - Pneumonitis

#### Larva currens

Causative agent : filariform larva of S.stercoralis

- With repeated infection, patient develop immune response that will prevent larvae from completing life cycle
- Larva may be limited to skin migration causing larva migrans or larva currens
- Rapidly progressing linear or serpiginous urticarial rashes
- Movement of larva is very fast – 10 cm / hour



## Immunocompromised person

- The condition is called as "Hyper infection syndrome"
- Rapid multiplication of parasite within intestine with subsequent invasion of intestinal wall
- Disseminated form of strongyloidiasis with larvae of all stages in all organs of body – lungs, CNS, heart & liver
- Life threatening condition if untreated it is fatal

## Laboratory diagnosis

Direct evidence :

- Microscopy
  - Direct wet mount of stool
  - Duodenal aspiration
  - Concentration method of stool
    - Formol-ether technique
- Indirect evidence :
  - Serological test
    - ELISA, Immunoblot for antibody detection

Blood examination - Eosinophilia

