Collection and transport of specimen for bacteriological study.

WHY TO COLLECT....

- Diagnosis of disease
- Identifying the pathogen

Ruling out certain clinical conditions



WHEN TO COLLECT.....

> Infection site:

Probability of the organism being found increases if taken from the actual site.

> Stage of disease:

Chances of identifying the pathogen higher if sample taken in acute phase of disease.

REMEMBER....

- Expertise
- Quantity of sample
- > Clinical data
- Request forms





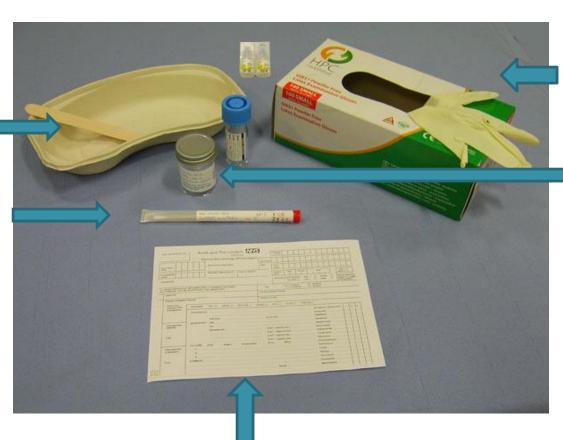
TYPES OF SPECIMEN

- I. Urine
- 2. Stool
- 3. Sputum
- 4. Wound drainage
- 5. Blood
- 6. Swab
- 7. CSF

PRE-REQUISITES FOR SAMPLE COLLECTION

Spatula I

Swab in Transport medium



Laboratory Request form Gloves as necessary

Labelled Specimen Container

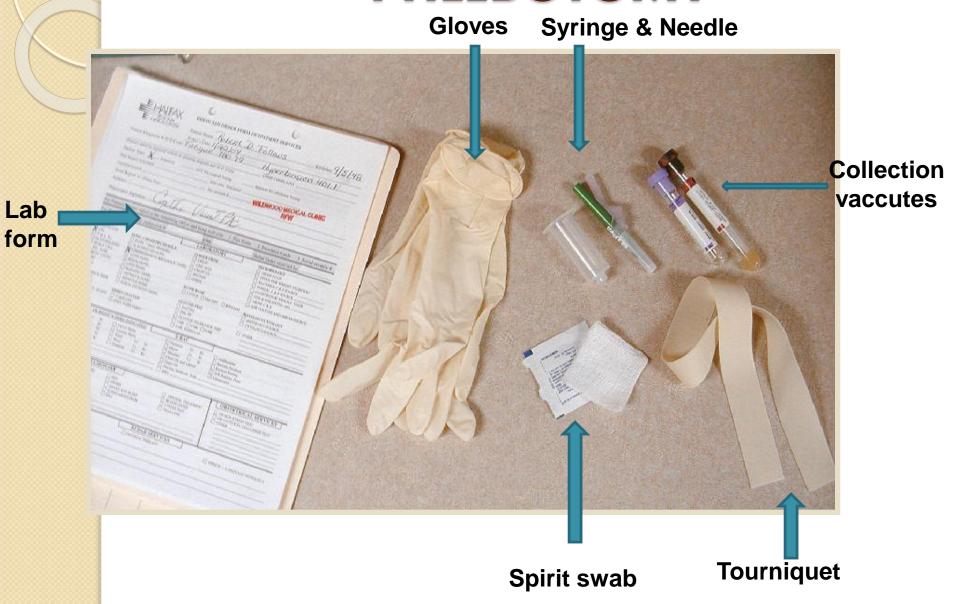
BLOOD CULTURE - WHY?

- Septicemia
- Bacteremia
- Intra vascular infections
- Bacteremia of multi system infections
- Bacteremia secondary to traumatic injury and instrumentation
- Patients having fever of unknown origin (PUO)

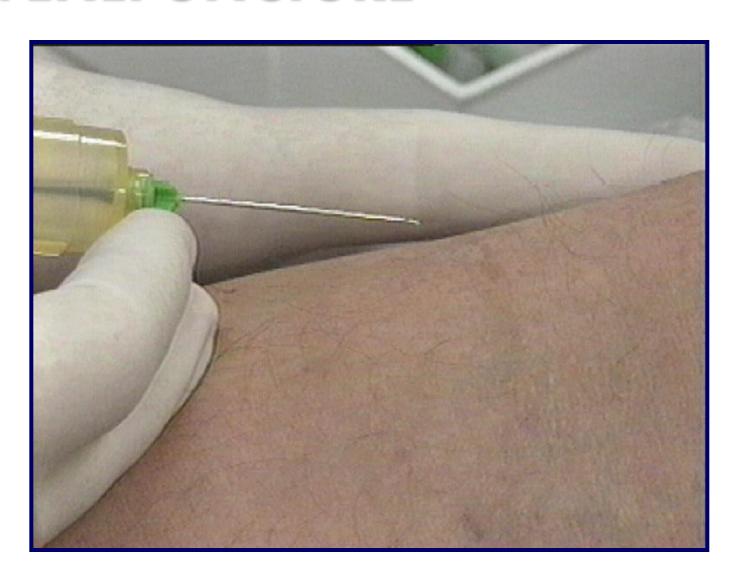
BLOOD CULTURE - WHEN?

- Continuous presence in early times typhoid, brucella.
- Transiently present in the blood stream.
- Released in blood at constant rate scepticaemia
- Rising temperature
- Bacterial endocarditis
- Prior to beginning of antibiotics.

PRE-REQUISITES FOR PHLEBOTOMY



VENEPUNCTURE



DO'S

- Disinfect the site of blood collection adequately.
- Practice proper universal precautions.

DONT'S

- I. Don't collect blood from vascular shunt or catheter.
- 2. Don't collect blood from above the vascular line.

Aerobic/Anaerobic Blood Culture Bottles





URINE

Indications

- ? Urinary Tract Infection (UTI)
 - Frequency
 - Urgency
 - Dysuria
 - Hematuria
 - Flank pain
 - Fever
 - Cloudy, malodorous urine

How the sample should be collected?

- CCMS (Clean Catch <u>Mid Stream</u> urine)
 - routine
- Straight catheterized urine
- Supra pubic bladder aspiration
- Indwelling catheter
- Bladder tap

CCMS (mid stream urine)

Men -

Collection is done after prepuce is retracted & glans penis is cleaned with wet cotton

Women -

- Anogenital toilet (careful cleaning with soap & water)
- Non irritating antiseptics (chlorhexidine) for vulval cleaning
- Urine should be passed keeping labia seperated using fingers

URINE

 Should be cultured immediately, within one hour.

- If delay :
- √ refrigerate at 4° C
- add boric acid0.19mg / 10 ml of urine



Urine from catheter

 Used for GCP/ comatose patients.

• How ...?????

 Avoid taking directly from the urine bag



Nose, Throat Specimens

- Upper respiratory/ throat infections
- Throat swabs
 - before meal or I hr post meal
 - Wash hands, glove
 - Tilt head backward
 - "ah" (if pharynx not visualized, tongue depressor, anterior I/3 of tongue)
 - Don't contaminate

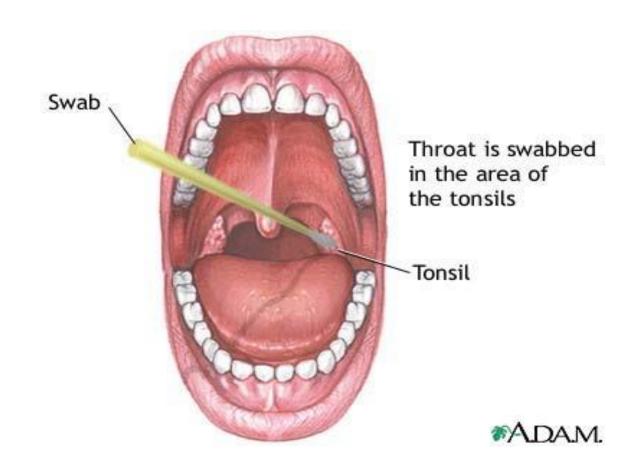
Method for throat culture

Insert swab into pharyngeal region

Reddened areas/ exudate

 Gag reflex: if client sitting and leaning forward slightly

THROAT SWAB



Nose culture

Blow nose, check nostril patency

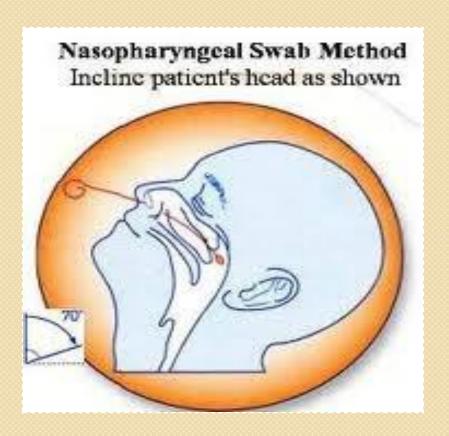
Rotate Swab inflamed mucosa or exudate

 Swab must advance into nasopharynx to ensure culture properly obtained

NASOPHARYNGEAL ASPIRATE

NASOPHARYNGEAL SWAB





SPUTUM

- Clean, dry, wide mouth leak proof container.
- The specimen must not be saliva
- Best collected in the morning



Sputum

Expectorated:

- Food should not be ingested for at least 1-2hours before expectoration.
- Mouth should be rinsed with saline or water.
- Specimen should be expectorated in to sterile container with deep coughing.

Induced

- Patient who unable to produce sputum **postural drainage** and **thoracic percussion** is use to produce sputum.
- Aerosol induced specimens are collected by allowing the patient to breathe aerosolized droplets of solution containing 15% sodium chloride and 10% glycerin for 10mins or until deep cough induced.

Collection procedures for sputum specimens

SPOT
MORNING
SPOT

New WHO policy:

•two samples (better if one is a morning sample).

SPOT MORNING

Gastric aspirates

- For patients who are not able to produce sputum particularly young children .
- Before patient wake up in the morning Nasogastric tube is inserted in to stomach and contents are withdrawn on assumption that acid fast bacilli from respiratory tract were swallowed during night and will be present in stomach.

Endotracheal or Tracheostomy suction specimens

Patient with ET or T'stomy tube lower respiratory secretion can be collected by using mucus extractor.



SWAB

- No antibiotics 8 hrs before sample
- Look for inflammation
 / presence of any
 membrane, exudates
- Within 2 hours of collection, deliver the swab
- If delay, use transport media.



STOOL SAMPLE

- Clean, dry, disinfectant-free wide mouthed container.
- Transfer a spoonful of the specimen.
- Inserting a cotton wool swab into the rectum for about 10 seconds.
- Caryblair transport medium.
- Alkaline peptone water.
- Sterile phosphate buffered saline or glycerol saline.

Containers and Media





UROGENITAL SAMPLES

In male patients—

- Smear of urethral discharge.
- Swab of urethral discharge in Amie's medium or inoculated directly.

In female patients —

- Smears of mucopus from the cervix &/or urethra.
- Swab of mucopus from cervix in Amie's medium or inoculated directly on a selective culture medium.

CSF

- Lumbar puncture.
- Deliver immediately the samples to the laboratory.
- Do not refrigerate the sample.
- If delay, use Sodium fluoride oxalate





TRANSPORT OF SPECIMENS

WHEN ?..WHY?...HOW?...

TRANSPORT MEDIA

- I. Viral transport medium
- 2. Amies transport medium
- 3. Stuarts transport medium
- 4. Cary blair transport medium
- 5. Glycerol saline

CARY BLAIRS MEDIUM

STUARTS MEDIUM





CONTAINERS FOR TRANSPORT



Specimen Storage

- Refrigeration ?
- Preservatives ?



Basic triple packaging system

Three layers of protection are needed:

- primary receptacle
- secondary packaging
- outer packaging

3 LAYER PACKING



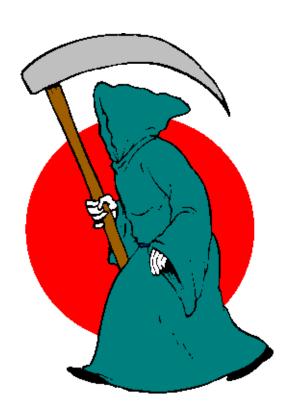


BIOHAZARD LABELS



REJECTION OF SAMPLES

- Reject:
- Improperly collected
- Inadequate
- Spilled
- Improperly labelled
- Incresed duration of collection



QUESTIONNAIRE



I. Delayed urine transport

> Refrigeration at 4° C.

Addition of Boric acid (0.19 mg/10 ml of urine)

2. Usefulness of transport media

- Doesn't allow either further multiplication or decline in the number of microbes.
- > Maintains viability of microbes.
- Provides a balanced system to the bacteria/ viruses in terms of Ph, cation and anion concentration.

3. **BLOOD CULTURE**:

Clinical procedure that detects pathogenic microbes present in the blood sample of the patient by growing them in culture media, thereby detecting infection either in the bloodstream or some other primary site in the body.

Phlebotomy

