MALARIA : LABORATORY DIAGNOSIS

### **Blackwater fever**

- Malarial haemoglobinuria is some time associated with falciparum malaria, particularly in patients who have experienced repeated infections & inadequate quinine therapy
- Auto antibodies against RBCs

I/V haemolysis – hemoglobinemia & hemoglobinuria

 Parasites are not detected in blood during & just after the attack but may reappear after an week of acute attack

- Fever with rigor, aching pain in loins, bilious vomiting, icterus, haemoglobinuria, circulatory collapse, ARF.
- Urine red to dark red (port-wine / cola)

- acidic



# Laboratory diagnosis of malaria

# METHODS

### MICROSCOPIC

- Light microscopy (PBS examination)
- Fluorescent microscopy
- Quantitative Buffy coat (QBC)
- NON MICROSCOPIC
  - Antigen detection (Rapid immunodiagnostic strip test)
  - Antibody detection
- CULTURE

Peripheral smear examination

- 1. Preparation
- 2. Staining
- 3. Observation

# **COLLECTION OF BLOOD**

 Capillary blood - finger prick / heal prick / ear lobule

### Venous blood - EDTA

# **Collection of Blood Smears**



*1.* The second or third finger is usually selected and cleaned.



Slide must always be grasped by its edges.

### *2*.

Puncture at the side of the ball of the

finger.

### 3.

Gently squeeze toward the puncture

site.



### 5.

Touch the drop of blood to the slide from below.



# Preparing thick and thin films







**4.** Carry the drop of blood to the first slide and hold at 45 degree angle.



2. Spread the first drop to make a 1 cm circle.



### 5.

Pull the drop of blood across the first slide in one motion.



**3.** Touch a fresh drop of blood to the edge of another slide.



**6.** Wait for both to dry before fixing and staining.

### **Thick Smear**



### Thin smear





### The Romanowsky stains

- Leishman's stain
- Wright's stain
- Giemsa stain
- Field stain
- JSB (Jaswant Sing & Bhattacharji) stain

Appearance of PBS – Romanowsky stain

- Cytoplasm of parasite & WBC Blue
- Nuclei of parasite Red
- Nuclei of WBC Purple
- RBC Pink

# **OBSERVATION**

RBC – size, shape
 number of parasite / RBC
 Identification of species



Thick smear



### Thin smear

Advantages

Disadvantages

- Intra RBC morphology of parasite can be seen
- Species identification
- RBC morphology
- Mixed infection
- % of parasitized RBC
  - Severity
  - Know response to the treatment

- Fixation of smear
- Low parasitaemia
- Less sensitive



### Thick smear Advantages

- More sensitive
- Rapid detection of parasites
- No fixation of smear
- Low parasitaemia can be detected

### Disadvantages

- Intra RBC morphology of parasite can not be seen
- Cannot confirms Plasmodium spp.











### Plasmodium falciparum

#### Infected erythrocytes: normal size



Rings: double chromatin dots; appliqué forms; multiple infections in same red cell



Gametocytes: mature (M)and immature (I) forms (I is rarely seen in peripheral blood)



Schizonts: 8-24 merozoites (rarely seen in peripheral blood)









### Plasmodium vivax

Infected erythrocytes: enlarged up to 2X; deformed; (Schüffner's dots)





Rings

Trophozoites: ameboid; deforms the erythrocyte

#### Schizonts: 12-24 merozoites

Gametocytes: round-oval









# Grading of smear – Thick smear

1-10 100 OIF +
 1-10 10 OIF ++
 1-10 OIF +++
 >10 OIF +++

# Fluorescent Microscopy

- Benzathiocaroxypurine A florescent dye Modification of light microscopy
- Detect RNA and DNA that is contained in parasites after penetrating RBC
- Does not stain nuclei of WBC
- Nucleic material not normally in mature RBCs
- Kawamoto technique
  - Stain thin film with acridine orange (AO)
  - Requires special equipment fluorescent microscope
  - Nuclear DNA Green , Cytoplasmic RNA red

# Quantitative Buffy Coat (QBC)

- Fluorescent microscopy after centrifugation
- AO-coated capillary is filled with 50-100 µl blood
- Centrifuge at 12000 rpm for 5 min
- Parasites concentrate below the granulocyte layer in tube
- AO stains DNA parasites appear as shining stars in dark night









# Quantitative Buffy Coat (QBC)

- Useful for screening large numbers of samples
- Quick, saves time
- Requires centrifuge, special stains
- 3 main disadvantages
  - Species identification and quantification difficult
  - High cost of capillaries and equipment
  - Can't store capillaries for later reference

# Malaria Serology – antibody detection

- Immunologic assays to detect host response
- Antibodies appear some days after invasion of RBCs and may persist for months
- Positive test indicates past infection
- Not useful for treatment decisions

# Malaria Serology – antibody detection

Valuable epidemiologic tool in some settings

### Useful for

- Identifying infective donor in transfusion-transmitted malaria
- Investigating congenital malaria, esp. if mom's smear is negative
- Diagnosing, or ruling out, tropical splenomegaly syndrome

Antigen detection by Rapid immunodiagnostic strip test

- 1. Histidine rich protein-2 (HRP-2) detection
  - present only in P.falciparum
- Para sight F test
- ICT Malaria PF
- pLDH test (OptiMAL test)
  Present in all plasmodium species
  - 1. Present in all plasmodium species



### **Detection of** *Plasmodium* antigens





# PREVENTION & CONTROL of MALARIA

# **Points Of Attack**

- 1. Attack the parasite in the human host
- 2. Reduce contact between humans and mosquitoes
- 3. Decrease mosquito population

# Attack The Parasite In The Human Host

- Treat malaria infections with effective medications
- Use prophylactic drugs to prevent illness and/or infection



# Reduce Contact Between Humans And Mosquitoes

- Personal protective measures
  - Screening windows
  - Protective clothing
  - Bed nets
  - Mosquito repellent cream/coils
    - PERMETHRIN
    - Neem oil



### **Decrease Mosquito Population**

- Surveillance of mosquito populations
- Identify and eliminate breeding sites
- Proper insecticide application
  - Attack larval stages
  - Attack adult mosquito
- Biological control
  - Gambusia & Guppy fish
  - Bacillus thuringiensis



# VACCINES

- Anti-Sporozoite vaccine
- Anti-asexual blood stage vaccines
- Transmission blocking vaccines
- Safe & effective vaccine still not available

# Summary

- Mosquito-borne infectious disease
- P. falciparum, vivax, ovale, malariae
- Anopheles mosquito Incubation period nearly two weeks
- Life cycle
  - Sexual method
    - Gametocyte, zogote, ookinete,oocyst, sporozoite
  - Asexual method
    - Sporozoite
    - Pre-erthrycotic schizogony
    - Erythrocytic schizogony
    - Gametogony
- Cyclic paroxysms
- Fever
  - **Derived Service and Service a**

# Summary

### P.faciparum –

- Cerebral, Algid & Septicemic malaria
- Black-water fever
- Thick and think blood smears for diagnosis
- Newer techniques : QBC, Ag detection
- Chemoprophylaxis can prevent infection
- Great importance of personal protective measures
- Regard and manage malaria as medical emergency

# Questions?

