Borrelia

- Comprises of commensal spirochetes of buccal and genital mucosa & pathogens of man & animals.
- Differ from other spirochetes in being larger with wide & open coils.
- Motile, stain readily with ordinary dyes & gram negative.

Epidem	iology of Infection	Borrelia In Reservoir	fections Vector
Borrelia recurrentis	Relapsing fever Epidemic (louse-borne)	Humans	Body louse
Borrelia spp.	Relapsing fever Endemic (tick-borne)	Rodents, soft- shelled ticks	Soft-shelled tick
	Lyme disease	Rodents, deer, domestic pets, hard-shelled ticks	Hard-shelled tick

Morphology

Measures10 – 30 x o.4-0.7µm
5 to 8 irregular spirals at intervals of about 2µm with pointed ends.
Gram negative & motile

Giemsa Stain of Borrelia recurrentis in Blood



Phase Contrast Microscopy

Light Microscopy

Culture

Cultivation is difficult

- Can be grown in serum, blood or tissue enriched liquid medium & in Noguchi's medium.
- Can be cultivated in chorioallantoic membrane of chick embryo & in peritoneal cavity of rat and mice.

Pathogenicity

Relapsing fever
Lyme disease
Vincent's angina

Epidemiology of Relapsing Fever

Associated with poverty, crowding, and warfare Arthropod vectors

• Louse-borne borreliosis = Epidemic Relapsing Fever

- Transmitted person-to-person by human body lice (vectors) from infected human reservoir
- Infect host only when louse is injured, e.g., during scratching
- ✓ Therefore, a single louse can only infect a single person
- Lice leave host that develops a fever and seek normal temperature host

• Tick-borne borreliosis = Endemic Relapsing Fever

- ✓ Sporadic cases
- Transmitted by soft body ticks (vectors) from small mammal reservoir

Ticks can multiply and infect new human hosts

Pathogenesis of Relapsing Fever

Relapsing fever (tick fever, borreliosis, famine fever)

- Acute infection with 2-14 day (~ 6 day) incubation period
- Followed by recurring febrile episodes
- Constant spirochaetemia that worsens during febrile stages
- Epidemic Relapsing Fever = Louse-borne borreliosis
 - Borrelia recurrentis
- Endemic Relapsing Fever = Tick-borne borreliosis
 - Borrelia spp.

Relapsing Fever: Signs and Symptoms

Abrupt onset of fever, chills
Headache
Tachycardia
Nausea and Vomiting
Organomegaly
Various exanthems

Relapsing Fever: Signs and Symptoms

Attacks last 3-10 days

Recur every 1 to 2 weeks

Relapses might occur up to 10 times before complete recovery

Laboratory diagnosis

Detection in blood during fever
Inoculation in mice intraperitoneally
Cultivation & demonstration of antibodies are difficult and unreliable.

Relapsing Fever: Treatment of Louse-borne

Tetracycline [generic]: 500 mg po x 1

or

Procaine PCN G [generic]: 600,000 units IM x 1



Relapsing Fever: Treatment of Tick-borne

500 mg Tetracycline [generic]
 QID x 10 days and aspirin

 Prognosis
 Mortality remains at 5% with the elderly, debilitated, and very young

Borrelia burgdorferi

Lyme Disease/Lyme Borreliosis

Etiology: Borrelia burgdorferi

The most common vector-borne in the United States

 Deer Tick is primary carrier the United States, the bite generally painless

disease



Deer tick

Lyme Disease: Signs and Symptoms

Stage 1

Erythema Migrans 1 week after bite, resolves in 3-4 weeks
Lesion appears in groin, axilla or thigh
Flu like symptoms = fever, chills and myalgias

Erythema chronicum migrans of Lyme Borreliosis



Lyme Disease: Signs and Symptoms

Stage 2 Early disseminated infection Spirochetes move to blood or lymph Most often affects skin, CNS/MS systems Secondary lesions may develop in 50% Multiple myalgias, Fatigue, Malaise Pain is migratory Neuro signs are meningitis, Bell's Palsy, encephalitis, forgetfulness/irritability

Lyme Disease: Signs and Symptoms

Stage 3 The late persistent infection
Months to years after infection
Joint and periarticular pain
Frank arthritis
Chronic synovitis, antibodies in joint fluid

May fail to respond to antibiotics

Lyme Disease: Lab Findings

- B. burgdorferi in serum
- Western Blot assay with IgM (2-4 wks), IgG antibodies (4-6 months)
- Positive ELISA test
- Lyme Urinary Test- not reliable
- Blood Cultures for B. burgdorferi
- Inflammation in CSF

Treatment: Lyme Disease

- Prevention is best treatment with proper clothing
- Prophylaxis post tick bite controversial, unproven to enhance protection
- Recombinant Vaccine developed but pulled from market
- Tetracycline: drug of choice
- Ampicillin/Ceftriaxone, Zithromax®



Lyme Disease: Treatment

- Erythema Migrans:
 Doxycycline 100 mg BID
- Bell's Palsy: Doxy or
 Amoxicillin for three weeks
- Meningitis: Ceftriaxone 2
 grams IV QD for 2 to 4 weeks
- Arthritis: ATB therapy and NSAIDs





Lyme Disease: Prognosis

Symptoms will resolve in four weeks

Most patients have full recovery

Unknown outcomes for those with cardiac symptoms

Lyme Disease: Prognosis

Symptoms will resolve in four weeks

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Unknown outcomes for those with cardiac symptoms

Vincent's Angina

- Causative agent: Borrelia vincenti
- Normal commensal of oropharyncs
- Morphology: large spirochaete gram negative
- Culture: grow in media containing ascitic fluid, serum.
- Causes Vincent's angina and gingiostomatitis in association with anaerobic bacilli.

Leptospira

 Actively motile, delicate spirochaetes, characteristically hooked ends.

Leptos meaning thin or fine

Visualized by dark ground illumination or silver impregnation



Classification

- Two species
- L.interrogans-pathogenic species
- L.biflexa- saprophytes present in surface water.
- Species are classified into serogroups & further into serovars.
- L.interrogans-Icterohaemorrhagiae, Canicola, Pyrogenes, Austral is, Autumnalis, Pomona.

Culture Character

- Can be grown in media enriched with rabbit serum.
- Semisynthetic media
- EMJH(Ellinghausen, McCullough, Jhonson, Harris).
- Aerobic & microaerophilic
- Optimum temp is 25 30°c& PH is 7.2 to 7.5
- Can be grown in chorioallantoic membrane of chick embryo.

Transmission

farm animals through broken skin.

Leptospirosis Clinical Syndromes

- Mild virus-like syndrome
- (Anicteric leptospirosis) Systemic with aseptic meningitis
- (Icteric leptospirosis) Overwhelming disease (Weil's disease)
 - ✓ Vascular collapse
 - ✓Thrombocytopenia
 - ✓Hemorrhage
 - Hepatic and renal dysfunction

NOTE: Icteric refers to jaundice (yellowing of skin and mucus membranes by deposition of bile) and liver involvement

Pathogenesis of Icteric Leptospirosis

- > Leptospirosis, also called Weil's disease in humans
- Direct invasion and replication in tissues
- Characterized by an acute febrile jaundice & immune complex glomerulonephritis
- Incubation period usually 10-12 days with flu-like illness usually progressing through two clinical stages:
 - i. Leptospiremia develops rapidly after infection (usually lasts about 7 days) without local lesion
 - ii. Infects the kidneys and organisms are shed in the urine (leptospiruria) with renal failure and death not uncommon
- Hepatic injury & meningeal irritation is common

Epidemiology of Leptospirosis

> Mainly a **zoonotic** disease

 Transmitted to humans from a variety of wild and domesticated animal hosts

Transmitted through breaks in the skin or intact mucus membranes

 Indirect contact (soil, water, feed) with infected urine from an animal with leptospiruria
 Occupational disease of animal handling

Laboratory diagnosis

- Blood Examination- early stage- 1st week
- Urine examination- 2nd week onwards up to
 - 4 6 weeks-centrifuged urine
- Serological diagnosis-include sensitized erythrocytes lysis, complement fixation, agglutination, ELISA
- Type specific test identify the infecting serovar.

Treatment

- Penicillin 1-2million units iv 6 hrly for 7 days
- Doxycycline 100 mg orally twice daily for 7 days.

